

## **Visiting Faculty**

### **Special Lecture on Psycho-ethical Anatomy of Values**

Prof. Balwant Kumar, retired Principal and a noted writer, philosopher and thinker, delivered a special lecture on “Psycho-ethical Anatomy of Values” to MBA students. Prof. Balwant started his lecture with the valuable observations made by Sigmund Freud on the nature of values, beliefs and religious faith in his book “The future of an Illusion”. He further elaborated that many of our spiritual values and religious credos are outside the jurisdiction of reason. They are either irrational or above reason. For a variety of practical reasons we have to behave as if we believed in these non-rational fictions supplied by religion. Man’s self is a queer blend of inhibitions, prohibitions and exhibitions. Man’s ID constitutes inhibited impulses, his ego represents reasoning and his super-ego, the self-critical area, dictates do’s and don’ts, he said. While explaining on the nature of values, he said that values are neither facts nor fictions. A value has been called an emotion or sentiment of approval or disapproval. Students had a pleasant interaction with the speaker, which cleared their doubts.

### **Special Lecture on Communication Skills**

The students of MBA (Rural Development) were given practical orientation on communication skills so as to impart appropriate knowledge, skills and attitudinal change. The session was conducted by Sh. Rajeev Bansal, Research Officer-cum-Faculty Member, H.P. State Institute of Rural Development, HIPA, Shimla. The students were taught skills of good communication, ways of communication, common non-verbal behaviour and its interpretation. Experiential learning techniques with practical exercise were used to explain how different people have their own perceptions to a common communication. Difference between hearing and listening was elaborated reflecting that listening is hard and one must be efficient in listening. In the final capsule, prescription was given as Seven Actions for Effective Communication.

### **Special Lectures by Dr. Amitranjan Basu**

#### **Individual Counseling and Career Planning**

This session was conducted in a presentation-discussion mode and the contents included: What is counseling? – What are counseling skills? – Purpose of these skills – What we should not do in counseling – Benefits of counseling – Career planning framework – Phases of career planning. It was one and a half hour session and the main objective was to make students understand the concepts and make them understand that to learn such skills one needs to go through a long process of supervised skills training.

#### **Emotional Intelligence**

This session was also conducted in a presentation-discussion mode and the content included: What is EI (Emotional Intelligence)?– Understanding the general EI competencies (Emotional Self-awareness, Emotional Awareness of Others, Emotional Expression, Creativity,

Resilience/Flexibility/Adaptability, Interpersonal Connections, Constructive Discontent, Outlook/Optimism, Compassion/Empathy, Intuition, Intentionality, Trust radius and Personal Power) – The role of EQ in successful mediation and dispute resolution. This session was of one hour duration and the objective was to make the students understand the concepts and make them aware about their EI skills.

### **Team Work**

This session was conducted in a workshop format for three hours. Objective of the session was to make the students understand team work concepts through presentation-discussion and practice some of the skills through group activities. The presentation included: Concept of Team/Group Work – Group/Team Work Model – Task functions – Group functions – Individual functions – Stages of Group/Team development – How is your team working? (Behavioral checklist) – Barriers to Effective Team-Working.